



# Juniper Allergy

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## **Medications to avoid/STOP 5 days prior to Allergy Skin test:**

Alavert	Astepro
Astelin/Azelastine nasal spray	Benadryl
Allegra	Cimetidine
Cetirizine	Diphenhydramine
Claritin	Lodrane
Clarinx	Meclizine
Deloratadine	Olopatadine eye drops
Doxepin	Zaditor eye drops
Levocetirizine	Pepcid/Tagament/Zantac
Fexofenadine	Phenergan
Sinequan	Polyhistine
Xyzal	Promethazine
Zyrtec	Nyquil

## **Medications that DO NOT Interfere with Allergy skin testing**

***Decongestants:*** Sudafed, pseudoephedrine phenylpropanolamine

***Leukotriene Inhibitors:*** Singulair (montelukast), Accolate, Zflo

***Corticosteroid Nose Sprays:*** Nasonex, Nasacort AQ, Omnaris, Fluticasone, Flonase, Veramyst

***Expectorants:*** Mucinex, Guaifenesin

***Cough suppressants:*** Delsym, Dextromethorphan

***Asthma inhalers and ALL nebulized asthma medications:*** Are all OK to take-Please don't stop them!